

# PARENT MEET: INTERNET SAFETY



October 5th, 2020  
11am or 5pm

# AGENDA

1. HOW DO WE PROTECT THE DEVICES THAT YOUR STUDENTS ARE USING?
2. WHAT ARE STUDENTS BEING TAUGHT ABOUT INTERNET SAFETY?
3. WHAT CAN WE, AS PARENTS, DO TO HELP OUR KIDS USE TECHNOLOGY SAFELY?
4. QUESTIONS AND ANSWERS



# PROTECTING THE DEVICE AND YOUR DATA

# DEVICE DEFENSE:

## FOR THE IPADS:

STUDENTS/FAMILY CANNOT DOWNLOAD NEW APPS UNLESS THEY ARE IN THE CATALOG.

INTERNET LINKS ARE NOT NECESSARILY FILTERED, SO PARENTS NEED TO MONITOR THEIR STUDENT'S USE OF THE DEVICES CAREFULLY.

MAKE SURE TO CHECK FOR IOS SOFTWARE UPDATES (SLIDE 5)

PROTECTION FROM MALWARE?

## FOR THE CHROMEBOOKS:

FORTICLIENT CHROMEBOOK WEBFILTER MAKES IT SO THAT ONLY RIALTO USD APPROVED SITES ARE ALLOWED TO BE VIEWED ON THE DEVICE.

CHECK CHROME OS FOR NEW UPDATES (SLIDE 7)

PROTECTION FROM MALWARE?

# IPAD TIPS: SOFTWARE UPDATE

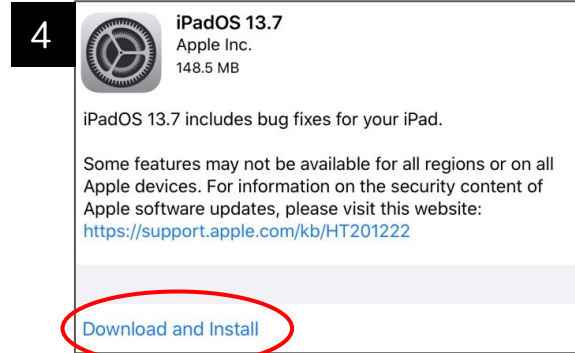
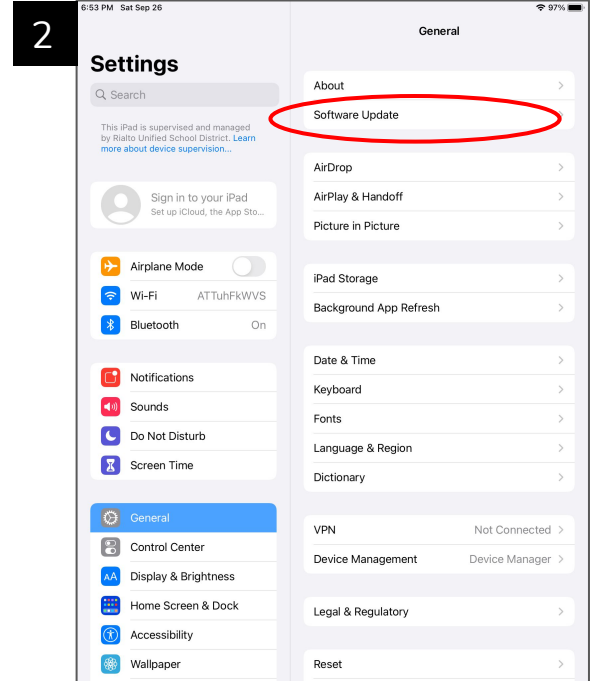
- MINI IPADS NEED TO BE CONSTANTLY UPDATED
- AS OF RIGHT NOW, IPAD OPERATING SYSTEM IS 14.1
- IF IPAD IS NOT UPDATED, SOME APPS WILL NOT BE AVAILABLE FOR USE OR WORK

# IPAD TIPS: SOFTWARE UPDATE

1. FIND AND TAP ON SETTINGS APP
2. PROCEED TO TAP ON GENERAL AND THEN ON SOFTWARE UPDATE
3. IF YOUR IPAD IS UP TO DATE, YOU WILL GET THIS MESSAGE
4. IF YOUR IPAD IS NOT UP TO DATE, TAP ON DOWNLOAD AND INSTALL



Settings



# CHROMEBOOK TIPS: OS UPDATE

1. OPEN CHROME BROWSER
2. FIND AND CLICK ON THREE DOTS LOCATED TOP RIGHT CORNER
3. SCROLL DOWN AND FIND "HELP"
4. CLICK "ABOUT CHROME"
5. PROCEED TO CLICK ON "CHROME OS SETTINGS"
6. CLICK ON "CHECK FOR UPDATES"
7. CHROMEBOOK WILL EITHER DOWNLOAD LATEST OPERATING SYSTEM OR NOTIFY CHROME IS UP TO DATE

1

A screenshot of the Chrome browser's menu. The menu is open, showing various options. The 'About Google Chrome' option is circled in red. The 'Help' option is highlighted in grey. The 'Settings' option is also visible. The menu items include: New tab (Ctrl+T), New window (Ctrl+N), New incognito window (Ctrl+Shift+N), History, Downloads (Ctrl+J), Bookmarks, Zoom (100%), Print... (Ctrl+P), Cast..., Find... (Ctrl+F), More tools, Edit, Cut, Copy, Paste, Settings, and Help.

2

A screenshot of the 'About Google Chrome' dialog box. The title is 'Google Chrome'. Below the title, it says 'Version 84.0.4147.136 (Official Build) (64-bit)'. A red circle highlights the text 'To see if your device is up to date, go to [Chrome OS Settings](#)'. There are also links for 'Get help with Chrome' and 'Report an issue'. At the bottom, it says 'Your Chromebook is managed by rialtousd.org'.

3

A screenshot of the 'Google Chrome OS' update check dialog box. The title is 'Google Chrome OS'. Below the title, it says 'Version 84.0.4147.136 (Official Build) (64-bit)'. A red arrow points to a 'Check for updates' button.

4

A screenshot of the 'Google Chrome OS' update status dialog box. The title is 'Google Chrome OS'. Below the title, it says 'Your Chromebook is up to date' with a blue checkmark icon. Below that, it says 'Version 84.0.4147.136 (Official Build) (64-bit)'. A red circle highlights the entire status message.



UPDATE ON THE MALWARE ATTACK??

**STUDENT LEARNING  
ABOUT INTERNET  
SAFETY...**

# WHAT ARE TEACHERS TEACHING ABOUT ONLINE ETIQUETTE AND SAFETY?

## Online Classroom Etiquette



ears are listening

*Stay Focused!*



eyes are looking



mouth is quiet



hands are still



body is facing screen



brain is thinking

©itty bitty kinders

## COMMON SENSE EDUCATION LESSONS ON TOPICS SUCH AS:

- FINDING MY MEDIA BALANCE ([THIS SONG](#))
- HOW TECHNOLOGY MAKES YOU FEEL
- THAT'S PRIVATE!
- PASSWORD POWER-UP
- DIGITAL FRIENDSHIPS



## BE(ING) INTERNET AWESOME!

\*\* [GOOGLE'S INTERLAND...](#)

\*\* [PEARDECK LESSONS](#)

Smart  
Alert  
Strong  
Kind  
Brave



Play your way to Internet Awesome.  
[EXPLORE INTERLAND](#)

**HOW CAN WE, AS  
PARENTS, WORK WITH  
OUR STUDENTS?**

# WHAT CAN WE DO TO HELP OUR STUDENTS SUCCEED IN THEIR DISTANCED CLASSES?

## Online Classroom Etiquette



be on time



mute yourself



turn on video



no food or drinks



be respectful



raise your hand to talk



come prepared



be in a quiet room

Set Up  
For  
Success!

©ttu\_billy\_kinders

## NOTES TO REMEMBER:

1. **WHEN YOUR CHILD UNMUTES THEMSELVES WITHOUT PERMISSION, ESPECIALLY IN KINDERGARTEN CLASSES ON IPADS, THE OTHER STUDENTS CANNOT SEE OR HEAR THE LESSON.**
2. **A QUIET ROOM IS ESSENTIAL! THE REST OF THE CLASS CAN HEAR ANYTHING GOING ON IN THE ROOM WITH YOUR CHILD: TVs, TALKING, DOGS BARKING, ETC.)**
3. **USE RESOURCES, LIKE COMMON SENSE MEDIA TO HELP US WITH...**
  - A. **DIGITAL CITIZENSHIP**
  - B. **MAKING CHOICES ABOUT SITES**
  - C. **MODELING TECH USE**
  - D. **SETTING LIMITS**

3.

# Digital Citizenship



Internet Safety



Privacy & Security



Relationships &  
Communication



Cyberbullying &  
Digital Drama



Digital Footprints &  
Reputation



Self-Image & Identity



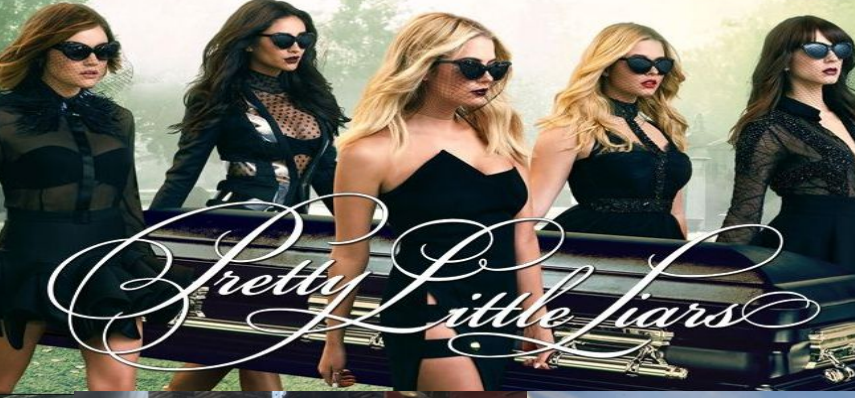
Information Literacy



Creative Credit &  
Copyright

It's never too early to talk to your kid about digital citizenship, being kind online, and calling out cruelty.

There's some iffy stuff out there.





## Choose

Help kids make good choices.

## Check

Check what they're doing.

## Chat

Follow up with a chat.

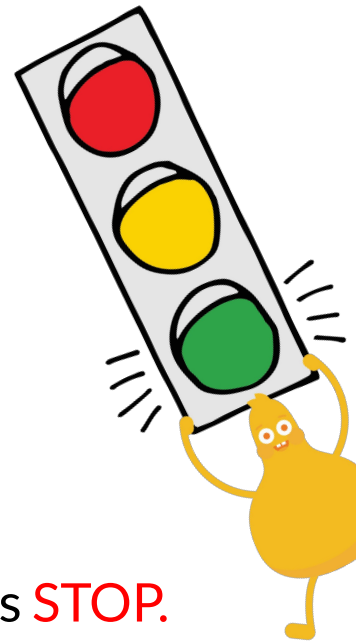




# Internet Traffic Light

- Students nowadays have more access to topics
- We, as parents/guardians, must teach our young students how to safely navigate websites
- Internet Traffic Light is a procedure that we can teach our children how to determine which sites are perfect for them

# Internet Traffic Light



We go online to find  
New things to do and see.  
The internet traffic light  
Shows where we need to be.

**Green** means **GO!**  
To sites we trust.  
**Yellow** means **SLOW!**  
Being safe is a must.

**Red** means **STOP.**  
Ask if it's OK.  
Trust your gut.  
To go the right way.



# Private & Personal Information

- We also have to watch out for what our children are sharing online
- Students need to know the difference between private and personal information
- We have to explain why it's risky to share private information online



## Private Information

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Information about you that can be used to identify you because it's unique to you

## Personal Information

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Information about you that cannot be used to identify you because it is also true for many other people



# Clickbait Links/Sites

- Over the past few years, new methods have been developed to entice people to click on links and sites.
- One method is called Clickbait.
- Clickbait engages our curiosity and attempts to get our attention.
- We have to teach students how they can avoid Clickbait links or websites.

# Clickbait Clues

- **Clue #1:** It seems **impossible** or **unbelievable**.

**FOR EXAMPLE:** "Think Your Cat Loves You? It's Actually Plotting to Make You Sick."

- **Clue #2:** It tries to **shock** you.

**FOR EXAMPLE:** "You Won't Believe This!" or "The Answer Is Genius!"

- **Clue #3:** It refers to a **celebrity** or **popular topic**.

**FOR EXAMPLE:** "Kylie Jenner Talks Selfies and Bubble Tea: You Won't Believe What She Says!"



# Results of Clickbait Links/Sites

- Clickbait links/sites can attach cookies to computer devices, which can then sell your personal internet information to advertisers.
- It can attach malware, virus, or trojans to your device
- Clickbait links/sites can slow computer devices down, due to constantly collecting data

# Use Media: Don't Let It Use You

**50 %**

of teens feel addicted to technology.

**59%**

of parents feel teens are addicted.

**Over 1/2**

of teens multitask while doing homework, and most believe it doesn't hurt the quality of their work.

**Over 80%**

of parents and teens feel technology makes no difference or helps their relationships.

**Fear of missing out (FOMO) and social media anxiety are very real for teens.**



# Myth or Truth ?

## Parents spend less time on devices than kids/teens

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### Myth!

Parents spend 9:22 with screen media daily, including for personal and work use. 7:43 of that time is devoted to personal screen time. Tweens spend an average of 6 hours/day and Teens an average of about 9 hours/day on screens.

### Model

Be a media mentor and set the standard.

### Monitor

Use limits, not lectures, and be up front about checking their media use.

### Mediate

Be ready to step in if necessary, but let teens make some choices on their own.



COMMON SENSE

## Family Media Agreement: 6-8



I, \_\_\_\_\_, will:

### ... stay safe.

- I will not create accounts or give out any private information — such as my full name, date of birth, address, phone number, or photos — without my family's permission.
- I will not share my passwords with anyone other than my family. I will ask my family to help me with privacy settings if I want to set up devices, accounts, or profiles.
- If anyone makes me feel pressured or uncomfortable or acts inappropriately toward me online, I will stop talking to that person and tell a friend or family member I trust about it.

### ... think first.

- I know that whatever I share online or with a phone can spread fast and far. I will not post anything online that could harm my reputation.
- I will not bully, humiliate, or intentionally upset anyone online or with a phone — whether through sharing photos, videos, or screenshots, spreading rumors or gossip, or setting up fake profiles — and I will try to stand up to those who do.
- If I use, reference, or share someone else's creative work online, I will give proper credit to the author or artist.

### ... stay balanced.

- I will pay attention to how much time I spend in front of screens, and I will continue to enjoy the other activities — and people — in my life.

## Device-Free Zones and Times



### #DeviceFreeDinner

A movement for happier,  
healthier kids

Get your whole family on board with tips for a  
balanced digital life.

Get tips

Watch video

Endorsed by the American Academy of Pediatrics





# Instead of shutting it all down, build it up!



# Resources for Support

## commonsensemedia.org

The screenshot shows the Commonsensemedia.org website. At the top, there are navigation links for 'For Parents', 'For Educators', and 'For Advocates', along with 'Login' and 'Become a member'. Below this is the Commonsensemedia logo and a search bar. A green navigation bar contains links for 'Reviews', 'Top Picks', 'Family Guides', 'Parent Concerns', 'Videos', 'Blogs', 'Latino', 'Research', and 'About Us'. The main content area is titled 'Contact us Common Sense' and lists three office locations: San Francisco Headquarters, New York Office, and Los Angeles Office. Each location includes its address, phone number, and fax number. A contact form is present with fields for 'Your name', 'Your e-mail address', 'Subject', and 'Category' (with a dropdown menu showing 'Question or comment about Common Sense Media'). There is also a 'Message' text area. At the bottom of the form, there is a checkbox for 'By submitting this form, you accept the Mollom privacy policy.' and a green 'Send message' button.

## Connect with us



@commonsensemedia



@CommonSense



commonsenseorg

**Sign up today** for our tips and updates.

**Tell your school** about our digital citizenship curriculum.

# YOU GOT THIS!





ANY QUESTIONS?

